Western Mass Athletic Club February 2001

2nd Annual SARATOGA WINTERFEST 5k SNOWSHOE RACE WMAC February 4th, 2001 SPA Park, Saratoga, NY WMAC

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1	Leigh Schmitt	28	S Deerfield, MA	20:00	82 pts
	Ken Clark	38	Somers, CT	20:32	81 pts
	Michael Halstead	35	Stoneridge, NY	21:26	80 pts
4.	Alex Sherwood	25	New Paltz, NY	21:30	79 pts
	Michael Jordan	41	Saratoga, NY	21:44	78 pts
	Brian Hickey	28	Kingston, NY	22:35	77 pts
	Bob Dion	45	Readsboro, VT	23:21	76 pts
	Tim Austin	30	Albany, NY	23:27	75 pts
	Stuart Dutfield Gene Primimo	45 43	Catskill, NY Delmar, NY	23:57 23:58	74 pts
	Edward Alibozek	38	Suffield, CT	23:59	73 pts 72 pts
	Paul Evangelista	31	Albany, NY	24:04	72 pts 71 pts
	John Pelton	61	West Rupert, VT	24:14	70 pts
14.	Thomas Skrocki	40	Amesbury, MA	24:57	69 pts
15.	Tom DiGulio	39	Mechanicville, NY	25:31	68 pts
16.	Michael Robertson	28	Gansevoort, NY	25:40	67 pts
	Phil Borgese	41	Niskayuna, NY	25:55	66 pts
	Dave Dangert	40	Ballston Spa, NY	26:04	65 pts
	Gregory Ward	40 54	Scotia, NY	26:06	64 pts
	David Boles	54 36	New Paltz, NY	26:26 26:33	63 pts 62 pts
	Tracey Van Dyke Ed Alibozek, Jr	61	Lake Luzerne, NY Adams, MA	26:52	61 pts
	Fred Miller	42	Guylar, NY	27:12	60 pts
	Jeffrey Allen	55	Saratoga, NY	27:24	59 pts
	Carol Kane	55	Weston, CT	27:32	58 pts
26.	Dennis Fillmore	48	Ballston Spa, NY	27:35	57 pts
27.	Theresa Hance	37	Clifton Park, NY	27:48	56 pts
	Ron Moon	63	Pittsfield, MA	27:59	55 pts
	Karl Molitoris	45	Stafford, CT	28:23	54 pts
	Sean Dolton	32	Ballston Spa, NY	28:27	53 pts
	Lisa Deggendorf	26	S Deerfield, MA	28:32	52 pts
	Darlene McCarthy Marcia Whitney	38 48	North Adams MA Saratoga, NY	28:53 28:57	51 pts
	Gwen Williams	42	Scotia, NY	29:53	50 pts 49 pts
	Elaine Lutzker	50	Saratoga, NY	29:42	49 pts 48 pts
	Debbie Briggs	49	Rhinebeck, NY	30:25	47 pts
	Chuck Trimarchi	54	Albany, NY	30:53	46 pts
38.	Heather Mason	21	Schenectady, NY	30:54	45 pts
	Bob DeMarco	49	Saratoga NY	30:55	44 pts
	John Braymer	37	Salem, NY	31:08	43 pts
	Barbara Sorrell	43	Delmar, NY	32:02	42 pts
	Richard Busa	71	Marlboro, MA	32:03	41 pts
	Claudine Preite James Preite	34 37	North Adams, MA North Adams, MA		40 pts 39 pts
	Clover Schwartz	37	Saratoga NY	32:22	39 pts
	Maureen Roberts	43	Williamstown, MA		37 pts
	Mark Boudreau	36	Galway, NY	32:47	36 pts
48.	Joann Spinelli	47	Latham, NY	32:55	35 pts
49.	Deb Crotty	52	Ballston Spa, NY	33:31	34 pts
	Robert Trimarchi	31	Clifton Park, NY	33:33	33 pts
_	Todd Venetz	23	Saratoga NY	34:07	32 pts
	Mary Stewart	42	Saratoga, NY	35:18	31 pts
	Neil Hannon	52 52	Saratoga, NY	35:19	30 pts
	Jim Carlson Brian McCarthy	53 40	Gansevoort, NY North Adams, MA	35:47	29 pts
	Gerry Fogerty	47	Ballston Spa, NY	36:34	28 pts 27 pts
	Justin McCarthy	11		36:42	26 pts
	Mary Quinn	38	Waterford, NY	36:46	25 pts
	Greg Taylor	54	Delmar, NY	36:47	24 pts
60.	Darren Drabeck	26	Saratoga, NY	36:51	23 pts
	Aurora Lamperetta	28	Saratoga, NY	37:05	22 pts
	Lori Christina	40	Clifton Park, NY	37:11	21 pts
	Cathy Taylor	44	Gansevoort, NY	37:21	20 pts
	Bob McFarland	67	Schnectady, NY	37:36	19 pts
	Judy Trief Lisa Valentine	37 39	Saratoga, NY Ballston Spa, NY	37:44 37:44	18 pts
	Meg O' Leary	39	Saratoga NY	38:13	17 pts 16 pts
07.			Survivogu 111	30.10	- 5 Pts

68	Carol Trombley	50	Albany, NY	38:48	15 pts
69	Eric Sanborn	37	Wilton, NY	38:58	14 pts
70	Tim Williams	42	Saratoga, NY	39:24	13 pts
71	Konrad Karolczuk	48	Winds Locks, CT	39:42	12 pts
72	Randall Palmer	46	Saratoga, NY	39:58	11 pts
73	Marge Rajczewski	61	Clifton Park, NY	40:57	10 pts
74	Michelle Filiault	33	Adams, MA	47:36	9 pts
75	Larry Dragon	40	Cheshire, MA	47:37	8 pts
76	Diane Gulbrandson	38	Saratoga, NY	47:47	7 pts
77	Meg Dunne	41	Rosendale, NY	53:35	6 pts
78	Chris Dunne	41	Rosendale, NY	53:36	5 pts
79	Veronica Keck	25	Ballston Spa, NY	60:05	4 pts
80	Theresa Keck	48	Ballston Spa	60:06	3 pts
81	Suzanne Wonder	40	Saratoga, NY	61:29	2 pts
82	Robert Columbine	70	Wells, NY	61:38	1 pt

SNOWSHOE COURSE DIFFICULTY

Prodded on by the ever-inciting Farmer, I took it upon myself to think a bit about our snowshoe courses and how, if at all possible, we could come up with a "rating" system for the lot of them. Most of you are probably saying "just run the thing" and a course rating isn't worth a piss-hole in the snow. I agree, but on the other hand, I also think that most of us have a desire to compare what we've done to other accomplishments and that is hard to do if we're comparing apples to aardvarks. If we had a rating system, we then could equate (...no, not the Wal-Mart Equate, Woodstock...) one race result with that of a different race and thus determine if we're improving or eating too many pork chops, etc. This would also give us one more thing to argue about during our trips to and from races!! So regarding the development of a snowshoe course rating system, I've figured...

...it can't be done! At least not in the true sense of a snowshoe race-course difficulty number.

You could calculate a course rating for that course as if run during the summer (as we've done in the past for trail races) but this would only take under consideration the course's length and terrain (assuming the runner's fitness level is constant). You could calculate a relative rating (comparing one runner's time to the winner's) but that would only give you your comparative fitness level. You could calculate lots of things lots of ways, but if you can't quantify (and I can't) the single-most important factor in a winter course's make-up, your rating is worth as much as a 19-hand in cribbage. This single-most important thing is the snow. If you can't factor it in you can't come up with a comparison factor to be used comparing one snowshoe race to another snowshoe race.

Examples of how snow can make all the difference in the world are as follows. A typical world-class 400meter race is won in 44 seconds +/- 2%. The NYC marathon is won in 2:09 +/- 2%. The Escarpment trail run is won in 2:58 +/- 2%. The South Pond Shuffle snowshoe race is won in about 40 minutes +/- 25% (ranging from 30:19 to 51:20). It not like the hills of Savoy grew or shrank, or there was a different winner. These stayed the same! But what DID change was the surface on which the race was run on. Another example of how snow may affect the times (and thus the potential course rating) is that Schmitty's 1999 time at Savoy was almost as slow as his 1999 time at Hawley... and Hawley is almost twice as long and is more hilly! Does this mean that Savoy is harder than Hawley? Answer: It depends on the snow. It will always depend on the snow! Damn near everything else is moot.

In closing, I just can't come up with a meaningful way of determining the "toughness (or lack thereof) of the snow" and thus can't figure out a snowshoe course rating system. If anyone can, please do so. Or maybe I secretly really don't want to so I can argue either side of any discussion about which of two snowshoe races is harder...!